



Lamoine Consolidated School

June 2, 2006

BASEBALL / SOFTBALL SCHEDULE

The girls having finished the regular season in the 2nd place position and will play Friday in the semi-final game here at Lamoine School.

Tuesday, May 30th – Quarter-Finals

Lamoine baseball lost to Cave Hill

Friday, June 2nd – Semi-Finals against Cave Hill

Wednesday, June 7th – Championship Game

SPRING SPORTS AWARDS

Awards Night will be on Monday, June 12 at 5:00 pm. This is for the baseball and softball teams and grades 5, 6 & 7 citizenship and academic awards.

8TH GRADE GRADUATION

The Lamoine 8th grade graduation is scheduled for Tuesday, June 13th at 6:00 p.m.

RAISE THE FLAG DANCE!

Help us Raise the Flag! PATRONS will hold a COMMUNITY WIDE, all ages dance on Friday, June 2nd from 6:30-9:30pm. If the weather is good, we will hold this OUTSIDE! Music by DJ Bill DaButler. Admission \$4.00 per person, with a family price limit of \$12! Children in 3rd grade and under MUST be accompanied by an adult. Concessions on sale. Proceeds to help pay for a new flag pole for the ball field.

Volunteers and donations of water and soda needed, contact Angie Butler @ 266-1555 or tyger2@adelphia.net

FUTURE PROMISE SCHOLARSHIPS

Congratulations to the following 4th grade students who received \$100 Future Promise Scholarships from Machias Savings Bank. Elizabeth Alvarez, Kristy Eaton, Ben Haslam, Kelly Henry and Clay Sanborn.

HOT LUNCH MONEY

Hot lunch accounts need to be paid in full by the end of the school year. Please call the school to get the total due for your student.

LAST DAY OF SCHOOL

The last day of school will be Thursday, June 15th.

STEP UP AFTERNOON AT EHS

Ellsworth High School will be having their “Step Up” afternoon on Monday, June 12th from 12:30 – 2:25. This program is for 8th graders planning to attend EHS next year. This provides that students with a schedule, an opportunity to meet next year’s teachers, visit within their classrooms, and a starting place for building relationships with other members of the class of 2010.

SAVE THIS DATE!

Sunday, June 4th - 2pm till whenever! (Rain date Sun, June 11th) The Lamoine PATRONS invite you to our Year End CELEBRATION! A Family Fun Day with Bar B Q! We’ll play a game of ball, socialize and have a potluck bar b que. PATRONS will provide the hot dogs, hamburgers, rolls, condiments and paper goods - you can bring drinks, potluck salad, chips or dessert to share!

UPCOMING JINA GYM EVENTS

June 2nd – Wine Dinner at the Seafood Ketch Restaurant in Bass Harbor.

June 19th – Flash in the Pan Steel Band Concert at Lamoine State Park starting at 7:00 p.m. Admission Free, but donations accepted and Lobster Stew available for \$5.00 a bowl.

June 20th – Memorial Walk/Bike Ride & Bon Fire to commemorate the 1st anniversary of Jina’s passing starting at 7:00 p.m. Starts at Lamoine State Park, go to Lamoine Beach and back to the Park. Followed by a S’mores Bon Fire (bring your own stick!) This is not a fundraiser but a time for reflection. We will be walking past the memorial where the accident occurred so feel free to bring a flower or other memento.

June 30th – Casino Night at the Atlantic Oakes in Bar Harbor from 6:00 – 11:00 p.m.

July 22nd – Drawing for hand-made queen sized quilt made by Jayne Lind of Steuben. Tickets are 6 for \$5 or \$1.00 each.

NOTE FROM NURSE JACKIE

Tick Season Has Arrived: Along with the fair weather, this time of year also brings a return of these outdoor pests and the risk of contracting Lyme disease. Lyme disease is transmitted by the black legged tick, better known as the deer tick (about the size of a pinhead). The good news is that deer ticks usually do not transmit Lyme bacteria until they have been attached for at least 24 hours. Lyme disease is easily and effectively treated when diagnosed in the early stages. The best way to avoid Lyme disease is to be aware of the risk of tick bites and to act accordingly. Anyone who spends time outdoors may pick up a tick. Avoid wooded areas or high grass. Here are some precautions to take to avoid tick bites.

1. Use insect repellent with DEET. The higher the concentration, the longer it is effective.
2. Tuck your pant legs into your socks and your shirt into your pants when walking in the woods, brush and tall grass. Wear long sleeved shirts. Ticks attach to clothing and then walk upwards.
3. Wear light colored clothing so ticks can be seen more easily.
4. Inspect yourself, your clothing, your children and your pets for ticks when you get in from outside. Ticks often attach in body folds, behind ears and in the hair. If possible shower and wash clothes immediately. Heat drying is effective in killing ticks.
5. Mowing grass and cutting and removing brush in yards may reduce tick habitats.

Remove the tick slowly when found, using tweezers. Clean the area with soap and water. Save the tick and place in a small container with alcohol. Watch the affected area for awhile to see if a round red rash with a clear circle appears. Contact your physician if it does. Wood ticks that are larger, easier to see but pose less danger are also very prevalent this year. For more information on Ticks, Lyme Disease and Prevention go to Mainely Ticks at mainelyticks.com and the Maine Medical Center Research Institute Vector-borne Disease Laboratory at mmcri.org/lyme/prevent.html

PRINCIPAL'S CORNER

Dr. Erik Steele, a physician in Bangor and chief medical officer of Eastern Maine Healthcare Systems, had a revealing article about teenage drinking in last week's weekend edition of the Bangor Daily News. He drew from a recent survey in which one-third of American high school seniors had been drunk within the past month, perhaps occasionally in the company of eighth-graders who also reported being drunk in the last month. The survey went on to reveal other alarming news such as:

- One third of fourth-graders and one-half of sixth-graders say they have been pressured by a peer within the last month to drink alcohol;
- Proving peer pressure works, 25 percent of eighth-graders report drinking alcohol, and 8 percent report being drunk within the last month;
- Proving you don't necessarily smarten up in high school, 53 percent of high school seniors report drinking alcohol, and 34 percent report being drunk within the last month;
- 40 percent of teenagers who drink repeatedly before the age of 15 will become actively addicted to alcohol--- alcoholics--- at some point in their lifetime. In terms of future health, that makes drinking alcohol before the age of 15 like getting leukemia;
- Alcohol is a major contributor to the three leading causes of death among teenagers—car crashes, suicide and homicide, and a contributing factor in half of teenage sexual assaults;
- Surveys suggest European teens are more likely than American teens to abuse alcohol. The fact they drink more than American teens and get drunk more often suggests our belief that social drinking during their teens teaches Europeans to drink more appropriately than Americans do is a myth.
- Two thirds of adolescents say home is the easiest place for them to get alcohol.

One of the most effective things that we can do as adults is to ask three questions: with whom are you going, where are you going, and what adult/s will be there in case we need to contact you?